

Dr. Virendra Swarup Institute of Professional Studies, Kanpur

Session 2019-20

Best Practices

1. Visit to Old Age Home And Slum Area :

Objectives :

- To let students develop empathy towards different group of people .
- To let students evaluate their own life critically and morally .
- To take educational decisions in different aspects of life .
- To encourage students of being aware of their surroundings .

Process :

- We plan group of 20 students and 4 visits and take them one by one group .
- We buy some goodies to encourage such excluded community of humanity .
- Teacher makes special efforts that students do not hurt anyone's sentiments .

Obstacles :

- We face language and communication barriers.
- There are students who face lack of family support. We personally try to reach such parents to convince.
Dealing with psychology and behaviour of such people at times become unmanageable and difficult .

2. Introduction of cyber crime and laws :

Objectives:

- To introduce students computer related frauds which can let them pay financially .

- To make aware students about advanced cyber crimes and its impact .
- To develop and promote the understanding of related laws and measures .
- To upgrade and update students with latest technology .

Process :

- Special lectures had been arranged with Experts .
- The IT teacher explains well the related scenario from time to time.
- Online and offline workshops are arranged .

Obstacles :

- Availability of proper working internet at times notavailable .
- Finding experts in this stream for B.Ed students is difficult to find .
- Presence of all students to all lectures is not easy to manage .

3. Celebration of Nutritional Awareness Program

Objectives :

- To make students aware about proper nutrition .
- To encourage students to develop good eating habits .
- To motivate students to care for their health as the students are female .

Process :

- To special lectures are arranged with nutrition Experts and team .
- Awareness regarding physical health of the students is must ,so we arrange interactive lectures with faculty members from time to time .

- To encourage students we plan debate/posters/slogan/speech competitions within students .

Obstacles :

- The time of junk food and busy schedules don't let the aim to get fulfilled .
- The changed tastes and adamantness to adapt healthy life becomes difficult .
- Physical unfitness leads to unfit mind, leads to unhealthy life .

